

## Primer for our praying of the Holy Rosary here at St. John the Evangelist:

As you may know, Pope Francis has called upon Catholics the world over to “rediscover the beauty of praying the Rosary at home in the month of May.” What you may not know is that we pray the Rosary every Monday – Saturday on the livestream here at St. John’s: **Monday through Thursday we pray before daily Mass beginning at 6:50 AM and on Friday and Saturday at 7:30 AM.** The following is a guide to how we pray the Rosary here at St. John the Evangelist (your method may vary – the good news? There is no “wrong” way to pray the Rosary!)

We begin with the sign of the Cross †

**ALL: In the name of the Father, and of the Son, and the Holy Spirit, Amen.**

The **Leader** (typically Jack Noble) then recites a Litany of whom and what we are praying for. (Note: the best way to have your intention be included is by adding it to our Prayer Apostolate by emailing [pray@sjeparish.com](mailto:pray@sjeparish.com))

While we all hold the Crucifix on the Rosary beads, the leader then begins by reciting the Apostle’s Creed:

**Leader:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

**ALL: I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

On the first large bead, pray the **Our Father:**

**Leader:** Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**ALL: Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

On the next three small beads we pray the **Hail Mary,** for an increase in faith, hope, and love.

**Leader:** Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women; and blessed is the fruit of thy womb, Jesus.

**ALL: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

On the next large bead, pray the **Glory Be:**

**Leader:** Glory be to the Father, and to the Son, and to the Holy Spirit,

**ALL: as it was in the beginning, is now and ever shall be, world without end. Amen.**

We then proceed to the Decades of the Rosary, or set of 10 beads followed by a large bead. The Decade is always preceded by a recitation of the Mystery. A complete set of the Mysteries is provided on the next page:

The Leader now reads the First Mystery. They vary each day as follows:

### **Joyful Mysteries**

*Prayed on Mondays and Saturdays*

1st Decade	The Annunciation
2nd Decade	The Visitation
3rd Decade	The Birth of Jesus
4th Decade	The Presentation
5th Decade	The Finding of the Child Jesus in the Temple

### **Luminous Mysteries**

*Prayed on Thursdays*

1st Decade	The Baptism of Jesus in the River Jordan
2nd Decade	The Wedding Feast at Cana
3rd Decade	The Proclamation of the Kingdom of God
4th Decade	The Transfiguration of Jesus
5th Decade	The Institution of the Eucharist

### **Sorrowful Mysteries**

*Prayed on Tuesdays and Fridays*

1st Decade	The Agony in the Garden
2nd Decade	The Scourging at the Pillar
3rd Decade	The Crowning with Thorns
4th Decade	The Carrying of the Cross
5th Decade	The Crucifixion

### **Glorious Mysteries**

*Prayed on Wednesdays and Sundays*

1st Decade	The Resurrection
2nd Decade	The Ascension
3rd Decade	The Descent of the Holy Spirit
4th Decade	The Assumption
5th Decade	The Crowning of Mary Queen of Heaven

After the reading of the Mystery, we continue with the **Our Father**, as written above. We then switch to the 10 beads of the Decade, reciting the **Hail Mary**, as written above, on each bead. When all 10 Hail Mary's have been prayed, we come to the next large bead, and say a **Glory Be**, then the **Fatima prayer**:

**ALL: O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.**

Repeat this sequence until all 5 mysteries have been completed. After the last **Glory Be**, recite the **Hail Holy Queen**:

**ALL: Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Leader: Pray for us, O holy mother of God, ALL: that we may be made worthy of the promises of Christ.**

Continue with the Prayer of St. Michael: **ALL: St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.**

**Leader: Mary Queen of the Holy Rosary ALL: Pray for us.**

**Leader: Mary Queen of Peace ALL: Pray for us.**

**ALL: May the souls of the faithful departed, through the mercy of God, rest in peace, Amen.**

We end with the sign of the Cross † **ALL: In the name of the Father, and of the Son, and the Holy Spirit, Amen.**

*When you meditate on these mysteries and establish the Rosary as a spiritual habit in your life, an amazing thing happens: Jesus' peace becomes your peace, his hope becomes your hope, and his healing becomes your healing as his life transforms your life. Join us in prayer!*

*Prayers written by Pope Francis:*

**FIRST PRAYER**

O Mary,  
You shine continuously on our journey  
as a sign of salvation and hope.  
We entrust ourselves to you, Health of the Sick,  
who, at the foot of the cross,  
were united with Jesus' suffering,  
and persevered in your faith.  
"Protectress of the Roman people",  
you know our needs,  
and we know that you will provide,  
so that, as at Cana in Galilee,  
joy and celebration may return  
after this time of trial.  
Help us, Mother of Divine Love,  
to conform ourselves to the will of the Father  
and to do what Jesus tells us.  
For he took upon himself our suffering,  
and burdened himself with our sorrows  
to bring us, through the cross,  
to the joy of the Resurrection.  
Amen.

*We fly to your protection,  
O Holy Mother of God;  
Do not despise our petitions  
in our necessities,  
but deliver us always  
from every danger,  
O Glorious and Blessed Virgin.*

*Prayers written by Pope Francis:*

**SECOND PRAYER**

"We fly to your protection, O Holy Mother of God".  
In the present tragic situation, when the whole world is prey to suffering and anxiety,  
we fly to you, Mother of God and our Mother, and seek refuge under your protection.  
Virgin Mary, turn your merciful eyes towards us amid this coronavirus  
pandemic. Comfort those who are distraught and mourn their loved ones who have  
died, and at times are buried in a way that grieves them deeply. Be close to those who  
are concerned for their loved ones who are sick and who, in order to prevent the spread

of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine Son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health.

Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus.

Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realize that we are all members of one great family and to recognize the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.